**Dr. James Rellas, MD**

Cardiology

Male

Age 67

Dr. James Rellas, MD is a cardiology specialist in Plano, TX and has been practicing for 34 years. He graduated from Creighton University School Of Medicine in 1977 and specializes in cardiology and clinical lipidology.

**Heartfirst**

6957 W Plano Pkwy Ste 1000

Plano, TX 75093

Contact Information

(972) 939-8294

**About Me**

**Care Philosophy**

Dr. Rellas and HeartFirst work hard with their patients on prevention as well as diagnosing their immediate problems. Dr. Rellas and HeartFirst would like to discuss their recommendations and new advances for these patients. In addition, please re...

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**Specialties**

* Cardiology
* Clinical Lipidology

**Board Certifications**

* Cardiovascular Disease
* Internal Medicine

Learn why a board certification matters

**Education**

* Ut Southwestern-Parkland Hospital

Fellowship Hospital

**1984**

* Brown University-Miriam Hospital

Residency Hospital

**1980**

* Miriam Hosp-Brown U

Internship Hospital

**1978**

* Creighton University School Of Medicine

Medical School

**1977**

* University of New Hampshire

Undergraduate School

**1973**

**Awards**

* Healthgrades Honor Roll
* D Magazine list of Best Doctors in Dallas for 2009, 11/18/2009
* D Magazine list of Best Doctors in Dallas for 2010, 12/20/2010
* Addison Magazine - Reader's Choice - Best Cardiologist, 2009