# Andrew B. Parkinson, MD

**Practice:** Orthopedic Associates

Spine Surgery Oklahoma City, OK 9/2008-present

**Training:** Texas Back Institute

Plano, Texas

Spine Fellow 2007-2008

Dept of Orthopaedic Surgery Harbor-UCLA Medical Center

Torrance, CA

Chief Resident 2006-2007 Intern and Resident 2002-2007

**Education:** M.D., Keck School of Medicine at USC

Los Angeles, CA; May 2002

B.S., California Polytechnic State University

San Luis Obispo, CA; Dec. 1997

Major: Biochemistry

**Certification:** American Board of Orthopaedic Surgery 2012

**Licensure:** Oklahoma Medical License # 26131

DEA Certificate # BP8673281

### **Honors and Awards:**

Residency:

• 2005 Harbor-UCLA Dana Street Annual Alumni Day Winner Outstanding Resident Research Paper

#### Medical School:

- Dean's Scholar, Year 3 and 4 Clinical Curriculum
- 1999 USC Summer Research Fellowship Award

# Undergraduate:

- NCAA Div I First Team Academic All-American, 1996
- Cal Poly Scholar-Athlete of the Year, 1996
- Dean's Scholar, College of Science and Mathematics
- Charles Daum Memorial Scholar, 1996
- Cal Poly Mustang Football 1992-1996
  - -NCAA Div IAA Preseason All-American
  - -Team Captain and Defensive MVP 1995, 96
  - -NCAA Div IAA First Team All-Conference Defensive End 1995, 96
  - -Graduate Assistant Coach, Defensive Line

**Memberships:** North American Spine Society

American Medical Association

# **Research and Publications:**

Lin EL, Hughes AP, Lee K, Suen PW, Parkinson AB, Shamie AN, Wang JC. <u>Comparison of Posterolateral Lumbar Fusions: Concentrated Marrow Aspirate vs Iliac Crest Autograft.</u> *Poster*: American Academy of Orthopaedic Surgeons. Chicago. IL 2006

Vangsness CT Jr, Polousky JD, Parkinson AB, Hedman TP. <u>Radiofrequency Thermal Effects on the Human Meniscus</u>. An In-Vitro Study of Systems With Monopolar and Bipolar Electrodes. Am J Sports Med. 2003 Mar-Apr;31(2):253-6.

1999 USC Summer Research Fellowship:

Vangsness CT Jr, Polousky JD, Parkinson AB, Hedman TP: <u>Radiofrequency Thermal Effects on the Human Meniscus</u>: An In-Vitro Comparison of Monopolar and Bipolar Electrodes.

Presentation: Arthroscopy Association of North America, 2001

Parkinson AB, Evans NA: Anabolic-Androgenic Steroids: A Survey of 500 Users.

Abstract: Medicine & Science in Sports and Exercise, May 2005; Vol 37, S37:205

Presentation: 2005 American College of Sports Medicine Annual Meeting, Nashville, TN

Publication: Med Sci Sports Exerc. 2006 Apr;38(4):644-51.

Article: Los Angeles Times Health Section "Bulging With Risks": June 6,2005; F9

Article: LA Weekly, "Sympathy For The Devil": July 29, 2005

Parkinson AB, Evans NA: <u>Trends in Performance Enhancing Drug Use-A Survey of 500 Anabolic Steroid Users.</u>

Presentation: 2005 Harbor UCLA Dana Street Alumni Day

Award: Winner Outstanding Resident Research Paper-Harbor UCLA Alumni Day

Parkinson AB, Evans NA: <u>Steroid Use Among Young Athletes</u>.

American College of Sports Medicine, Fit Newsletter, Fall 2005

Parkinson, AB: <u>The Use of Growth Factors in the Prevention of HIV Associated Wasting</u>. Senior Thesis; Department of Biochemistry, California Polytechnic University, Dec. 1997

# **Previous Activities**

Orthopedic Outreach Clinics Shriners Hospital, Los Angeles, 2005 Orthopaedic Hospital, 2004

Keck School of Medicine at USC, 2002 Gross Anatomy and Biochemistry Tutor

Hauser Chemical Research INC., Boulder, CO, 1998

Analytic/Pharmaceutical Chemist: Research and Development Division

Cal Poly State University, San Luis Obispo, CA, 1995-97

Tutor: General and Organic Chemistry, Biochemistry

Cal Poly State University, Mustang Football, 1996

Assistant Strength and Conditioning, and Defensive Line Coach